



2019 Newsletter Winter-Spring 2019



Global Autism Project SkillCorps visit REACH!

Six volunteers of The Global Autism Project SkillCorps visited REACH in February 2019! They did observations of sessions and conducted two professional development workshops on challenging behavior. This was an incredible opportunity to share experiences, learn and collaborate. We are looking forward to learning more from the July SkillCorps team!



Sensory Friendly Class with My Gym Den Haag!

In March 2019, REACH partnered with My Gym Den Haag (<https://www.mygym.com/denhaag>) to provide a sensory friendly class for our kids entitled: *Super Stars Kids!*

My Gym provides their amazing facilities and instructor and REACH provides the 1:1 guidance and occupational therapist who works with the instructor to ensure that each child's sensory needs are respected and met.

All of the equipment used such as: trampoline, zip line, ball pit, tunnels, climbing apparatus address the gross and fine motor systems of children with autism and other special needs. Allowing children to play using the sensory based equipment encourages them to expand their mind and reach new heights of ability levels.



Bike Riding initiative with TAC'90

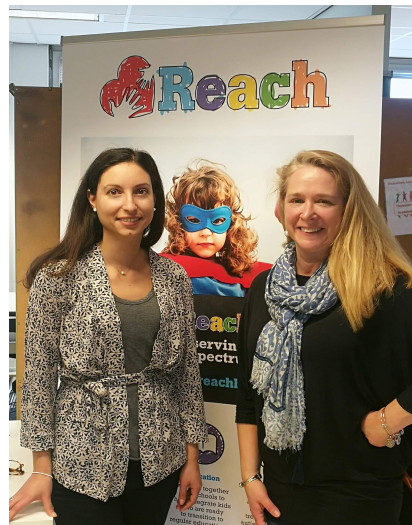
REACH is thrilled to announce that starting April 2019, in collaboration with TAC'90 an amateur football club ,we began a "Learning how to ride a bike" pilot!

The senses that perceive where our heads and bodies are in relationship to the earth's surface (vestibular) and where a particular body part is and how it moves (proprioceptive) can be off-kilter in Autistic kids. These senses are of paramount importance when riding a bike, a skill that requires complex integration of balance and movement.

TAC'90 was gracious enough to offer their fields and outside space on Monday afternoons so that our kids have plenty of room to practice the balance and movement skills that will help them be successful in riding a bike!

TAC '90 has also agreed to allow REACH to use their facilities for other sports programs. Stay tuned!

REACH Celebrates World Autism Awareness Month



On Saturday, 6 April, REACH along with many other autism organizations took part in the NVA Autism Week Information Fair hosted by Stichting de Mini-maatschappij Gewoon Anders. There were information stands, care and education professionals and workshops.